TEEN EARLY INTERVENTION SERVICES - GRIDLEY

Butte County
BEHAVIORAL HEALTH

This program provides targeted, indicated prevention services for teens in grades 6–12 who are at risk for substance use/misuse, mental health concerns, academic difficulties, or emotional and social challenges. The goal is to offer accessible, school and community-based support that promotes health and wellness by increasing knowledge of risk and protective factors, strengthening coping skills, and building self-efficacy.

Reconnecting Youth - Coping and Support Training (CAST) is an evidence-based, 12-lesson, skills training program. Content includes: Building Self Esteem, Decision Making, Personal Control & Setting Goals.

Brief intervention (BI) is an evidenced-based approach that aims to reduce substance use and its associated risks, as well as prevent progression to more severe levels of use and potential negative consequences. Includes screening and linkages to care.

SERVICES ARE FREE & OPEN TO ALL BUTTE COUNTY TEENS GRADES 6TH - 12TH

SERVICES AVAILABLE

- Screening & Linkages to School and/or Community Resources
- Brief Intervention for Substance Use
- Reconnecting Youth - CAST Groups

GROUP SCHEDULE

- Wednesday 3:30-5:00 PM (Middle School)
- Thursday 3:30-5:00 PM (High School)

COHORT BASED GROUPS, 12 WEEK COMMITMENT
PLEASE CALL FOR MORE INFORMATION

REQUESTING SERVICES?

Call 530.846.7309

DROP IN HOURS:

Friday 1:00-5:00 PM

LOCATION: 590 Hazel St.
Gridley, CA 95948

BUTTE COUNTY 24/7 ACCESS LINE: 800.334.6621 or 530.891.2810

Call for Crisis Services, Mental Health & Substance Use Disorder Services

ADDITIONAL RESOURCE: CALIFORNIA YOUTH CRISIS LINE 800.843.5200

24/7 CRISIS SUPPORT FOR YOUTH 12-24 & THEIR FAMILIES