

**Prevention Unit  
530.891.2891**



# IMPACT MENTORING

Impact Mentoring is a peer mentoring program that matches high school role models with junior high school protégés in a cross-age mentoring experience. The Impact Mentoring program serves middle school students and helps them gain skills to increase resiliency and protective factors, which foster positive mental and emotional health. Mentors and protégés meet weekly in a supervised and structured mentoring session. During the session protégés set academic and personal goals and receive coaching from their mentors and staff on ways to achieve those goals.

**MENTOR APPLICATION**  
**FOR 25/26 SCHOOL YEAR**

**APPLY  
NOW**



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